



Wellness Coach – Full Time Emerging Adults

E4C is a not-for-profit organization that works across Edmonton, helping people get what they need to tackle life's challenges. At E4C, we are working to limit, alleviate and ultimately eliminate poverty in Edmonton. Everyone has a story and we believe in a future where poverty isn't part of it.

A partnership between Alberta Health Services and E4C has launched an exciting project opening a transitional housing program for emerging adults age 16-24. Our houses will offer a safe and supportive place for people to live as they transition to independence.

Our houses have recovery oriented services, a welcoming environment, inclusive care, and a commitment to excellence. We are looking for energetic, passionate and dedicated individuals to deliver our wellness focused client support model.

Hours: Full-time, Monday to Friday, 4:30pm-12am

Why Join Our Team

- Build relationships and connect people to the work we do.
- Engage individuals with meaningful opportunities, which positively impact those we serve.
- Be a part of a supportive team, dedicated to professional and personal growth.

In Your Role You Will

- Coach and model wellness and self-care practices within the home and with residents.
- Work with Wellness Manager to implement and coordinate resident recreation activities that align with wellness plans.
- Work with Wellness Manager to build community within the house and to develop good community relations.
- Maintain all documentation and ensure appropriate file management procedures are followed.

Education / Certifications

- Diploma or Degree in human services related program
- Minimum 1 year of related work or volunteer experience in wellness or recovery. Will consider a combination of education, work and volunteer experience equivalency.

Experience / Abilities

- Ability to build, maintain, and model healthy relationships
- Demonstrates a respectful and collaborative approach.
- Demonstrates ability to find creative solutions and approaches to wellness.
- Able to work with initiative and independence.
- Working knowledge of community resources available to participants.
- Excellent interpersonal and communication skills
- Police Information Check and Intervention Record Check
- Current Suicide Intervention First Aid and CPR.

Apply

Email: hr@e4calberta.org
Website: www.e4calberta.org

Thank you to all those apply. Only those short-listed will be contacted for an interview.