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## Wellness Manager

### Description

E4C is a not-for-profit organization that works across Edmonton, helping people get what they need to tackle life's challenges. At E4C, we are working to limit, alleviate and ultimately eliminate poverty in Edmonton. Everyone has a story . . . and we believe in a future where poverty isn't part of it.

Are you looking for a rewarding leadership opportunity? Are you passionate about building relationships with people? Do you have an understanding of the challenges that individuals with histories of past trauma, addiction, and related mental illness face?

As a Wellness Manager, you will work under the direction of a Site Manager to create authentic connections and inspire trust with a group of ten female residents. This role requires someone who is a grounded leader with experience planning and supporting wellness goals with residents. Wellness Managers utilize a holistic approach and focus on supporting the individual mental, spiritual, physical, and emotional goals of the female residents. You will create and foster a safe space for residents and mentor a team of wellness coaches.

### Responsibilities

#### In your role you will:

- Your work will involve the coordination and assessment of intake applications into the Transitional Housing Program, in collaboration with other team members.
- Work as part of a multidisciplinary team to ensure wellness planning aligns with care plans and respects the individual needs of residents.
- Bring your passion and leadership skills to help empower vulnerable women to be the best version of themselves.
- Utilize a creative, resourceful, and knowledgeable approach to wellness.
- Be on top of the budget, reporting, and resource management of the Wellness Program.
- Be part of a collaborative effort to build a strong team whether it is with recruiting, onboarding, coaching, or mentoring.
- Be empowered to take the initiative and share your ideas. This role requires someone who can think on their feet.

Position reports directly to the Program Manager.

### Qualifications

#### A successful candidate would require:

- You possess a degree in the area of Human Services, Social Services, or a related discipline.
- You bring 3+ years of supervisory experience and have worked in a similar setting.
- You have a proven ability to foster a team environment and provide reflective supervision to team members.

### Hiring organization

e4c

### Working Hours

Sunday- Thursday 4pm- 12am

- You are able to work in collaborative partnerships.
- You have a proven ability to practice relational-based approaches.
- You are able to embed in your work the practices of harm reduction, person-centered, trauma-informed, and strength-based care.
- You can remain confident and calm. This work may involve de-escalating crisis situations with individuals under the influence of drugs or alcohol or experiencing a mental health crisis.
- Current Suicide Intervention First Aid, CPR, Security Clearance and clear Police Information Check.

## **Job Benefits**

### **Salary**

- \$51,979.20 Per year

### **Benefits**

- Competitive Wage
- Robust Benefits Package
- RRSP Matching
- 3 Weeks Paid Vacation
- Paid Sick Time
- Employee Family Assistance Program (EFAP)

## **Contacts**

Please submit your resume and cover letter outlining your qualifications and experience to [careers@e4calberta.org](mailto:careers@e4calberta.org)

At Transitional Supportive Housing, we believe in the potential of every individual and are committed to creating a supportive environment where they can thrive. Join us in making a difference today!